

## Test your knowledge about senior hunger

### Take the End Hunger Durham QUIZ

1. The approximate number of older adults in Durham County who are food insecure due to low income is
  - a. 500
  - b. 1,000
  - c. 5,000
  - d. 12,600
  
2. Older adults who are food insecure are
  - a. 50% more likely to have diabetes and 60% more likely to have congestive heart failure or a heart attack
  - b. healthier because they are lower weight
  - c. comfortable with telling people they sometimes go hungry
  - d. are usually living with their relatives
  
3. North Carolina has one of the nation's highest rates of senior food insecurity?
  - a. True
  - b. False
  
4. Current programs to address hunger among older adults, such as SNAP and Meals on Wheels are
  - a. unknown to most seniors
  - b. inappropriate for the needs of today's population
  - c. underfunded and difficult to access
  - d. out to make a profit off vulnerable seniors
  
5. Food insecurity among older adults leads to which of these health problems?
  - a. Greater vulnerability to infection
  - b. Increased falls
  - c. Depression
  - d. Loss energy and mobility
  - e. Frequent fatigue
  - g. Poor appetite and lack of interest in food preparation
  - h. All of the above

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Answers: d,a,a,c,h